



The Adventist Woman

The Journal of the Association of Adventist Women

The Dance of the Generations: This Adventist Life

November 6-8, 2009

An exciting AAW Conference with Adventist Forum celebrating *Spectrum's* 40th

Nestled among the sea-swept sand dunes of California's central coast near Monterey, Asilomar is the site of the AAW's 27th annual conference November 6-8. This year's conference is a cooperative program between the Association of Adventist Women and Adventist Forum working together to provide an exceptional conference experience.

Adventist Forum, the parent organization of AAW, invited AAW to celebrate the 40th anniversary of *Spectrum*, Adventist Forum's quarterly publication, with a joint conference exploring the rich heritage of Seventh-day Adventist stories that have shaped our church as a world community. There will be an original multi-media/theatre production by the maker of the Red Books play, heroic mission stories, inspiring sermons, plus a chance to record your Adventist story.

The joint conference begins with dinner at 6:00 Friday evening. AAW will hold a separate meeting Friday afternoon from 3:30 to 5:30 to discuss a number of items of importance. Other conference meetings will be held jointly, with the Woman-of-the-Year awards presented Saturday evening. *Spectrum's* birthday will be celebrated Sunday morning.

The special, all-inclusive conference registration package includes six meals and lodging on the Asilomar conference grounds; see page 11 for registration information.

Deadline for registration is August 26. Lodging at Asilomar is limited and room spaces will fill quickly, so it is important to register as soon as you can.

Asilomar provides a relaxing retreat

for conversation, contemplation, and celebration. We guarantee a rejuvenating experience among friends in this peaceful setting. Join us! **AW**

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Association of Adventist Women

Mission Statement

The Association of Adventist Women seeks to develop and promote women as leaders in Seventh-day Adventist organizations, congregations, and communities.

Goals

The image of God, as embodied in the skills and insights of women, will be more fully reflected in our churches and communities as we achieve our goals:

To create significant opportunities for women to be full partners at all levels of church life.

To promote leadership skills among Adventist women of all ages and backgrounds.

To highlight Adventist women's opportunities, contributions, and achievements using print, electronic, and personal communications.

To establish a network of Adventist women leaders who can inspire and mentor other women.

To demonstrate open and collaborative models by working in complementary ways with other church organizations.

Revised 10/17/04

Email news, article, and photo* submissions to Carolyn Lacy, Editor, at carolynlacy137@verizon.net.

*Photos must have a resolution of at least 350 dpi. If you are unsure of the resolution or dpi of your image, you can view its dpi setting in the image's properties. When scanning your images, set your image size to 350 dpi. When taking a photo with a digital camera, be sure to set the image quality indicator to the highest quality setting. If you are mailing a photo print or CD-ROM, send it with a return address to Carolyn Lacy, *The Adventist Woman*, 13406 S. Echo Lake Rd., Snohomish, WA 98296-5419.

The Adventist Woman

The Adventist Woman is the official newsletter of the Association of Adventist Women and is published four times a year. Members of the association receive the newsletter as a benefit of membership. To join the association, go to the Web site at www.aaw.cc. Or write to the AAW at PO Box 25025, Seattle, WA 98165-1925. If questions remain, e-mail Pat Johnston at pjohnston@frontiernet.net.

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Patricia Pearson Johnston

On Change

I am writing this from Geneva where I am participating in the Global Conference on Health and Lifestyle sponsored by the General Conference Department of Health Ministries with cooperation from the World Health Organization (WHO) and the Pan American Health Organization (PAHO). I was last here 12 years ago after presenting

research results at a conference in Lausanne. My husband was with me, and we had a wonderful time traveling Switzerland by train and car, seeing the sights—from sundials (my husband was an amateur astronomer) in the park at the International Olympics headquarters in Lausanne, to Geneva and the monuments of the reformers and the bell towers of the St Pierre Cathedral (we climbed them to view the city and lake), to Zurich with its historical and financial institutions (we visited the first but not the second); from Bern in the north to Zermatt and the Matterhorn in the south, to chocolate factories and beautiful Swiss farms. It was a great trip. So why am I sharing this with you? Let me explain.

When invited to participate in this conference some months ago, I was not sure how I would feel returning here because my companion of 51 years would not be with me. What would it be like to return to a place we had so enjoyed together? My life had changed dramatically with the onslaught of the disease that stole his life and remains so today. But I came.

Today I walked the cobbled streets we had visited together, across the bridge to the fountain and up the hill to the cathedral. As I approached, the bells were ringing. They rang for 15 minutes, long beyond their usual hourly chime. I learned it was a special celebration in honor of the birth of John Calvin 500 years ago today. This cathedral was his church. Presbyterians from around the world had gathered in his honor. Pastors were standing in his pulpit and having their pictures taken, some looking a little embarrassed with sheepish grins for the camera.

It was impossible not to think of the changes that have taken place since Calvin's time. From one view not far from my hotel I see the towers of the cathedral and, without

turning my head, I see a giant Ferris wheel on the same skyline. Change is ever present in our world. How we relate to the inevitable change is important. And equally important is helping to make change happen.

The poet James Russell Lowell penned the words:

“New occasions teach new duties;
Time makes ancient good uncouth;
They must upward still, and onward,
who would keep abreast of Truth.”

A newer acknowledgment of the ever-present nature of change is found in the book by Spencer Johnson, *Who Moved My Cheese?* This short and easy read provides valuable insights into how we deal with change in our lives.

Change Coming to AAW

As noted in the last issue of *The Adventist Woman*, more than 25 years have come and gone since the Association was formed. Both challenges and accomplishments were encountered during those years. In the intervening time, great changes have taken place in how we communicate with each other. Western Union as a deliverer of telegrams is no longer, although one can send a message via iTelegram. Email messages can come directly to your hand if it holds a device with instant-messaging capabilities. Internet access is a global phenomenon providing unprecedented communication opportunities—not just between individuals, but about ideas and issues. Witness the impact made by such changes in communication in the last U. S. election.

Change is coming to AAW. One of the challenges the Association faces is how to communicate in a more timely and cost-effective manner, especially with Adventist women in many different global time zones and varied circumstances. Today's electronic media are providing an answer.

Facebook

It is also clear that, for AAW to remain vibrant and viable, we must communicate. At the conference I just attended, I was able to speak with many women from all over the world. They are excited to think we can visit together via Facebook. A number have committed to bringing reports and information and to share with us in this way. These women are from the Netherlands, Africa, Hong Kong, Russia, the Caribbean, Australia, and elsewhere. I personally am looking forward to hearing what they have to share.

Consequently, AAW is launching a Facebook group to keep us all aware of what is happening among Adventist women around the globe. You will be able to discover what friends are doing, share challenges and accomplishments, seek advice and encouragement, and learn what is important to other Adventist women today.

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Jadaza
(Jade) Hintay



Myline Decilos
Asumbrado



Chawngdinpuii
("Dinpuii") Jonathan Tlau

Adventist Women Earn Doctoral Degrees

By Nancy Weber Vyhmeister (WOYA 2007)

On March 1, 2009, the Adventist International Institute of Advanced Studies (AIAS) in Silang, Cavite, Philippines, celebrated its 92nd graduation. This graduation was important to three special women: Jadaza ("Jade") Hintay, Myline Decilos Asumbrado, and Chawngdinpuii ("Dinpuii") Jonathan Tlau.

Jade Hintay, who pastors a four-church district in Manila, completed the Doctor of Ministry degree. She is the only female pastor in the field, but has long been accustomed to such a situation. Before becoming an Adventist, Jade was an engineer for the Department of Public Works, where she worked among men. (Previously, Jade earned bachelor's degrees in civil engineering, sanitary and environmental engineering, and a master's degree in structural engineering.) Her doctoral research at AIAS concerned church growth in Chinese churches in Manila. Jade looks forward to applying the results of her research to her district.

Asked about Jade's work, Carmelito U. Galang Jr., president of the Central Luzon Conference, where Hintay serves, said, "In achieving for God, it doesn't matter if you are a man or a woman. The issue is you have to do something. Sister Jade did, so can any women of faith."

Myline Asumbrado, also a Filipina, earned a PhD in Biblical Studies. Her dissertation dealt with the hardening of Israel in Romans 9-11. Myline completed her doctoral studies while teaching full time at the Adventist University of the Philippines. She continues to teach future pastors at that institution.

"Dinpuii" Tlau also obtained a PhD in Biblical Studies. Her dissertation topic concerned the marriage of the Lamb in Revelation 19. Dinpuii's studies were sponsored by Spicer College in India, where she was teaching before coming to AIAS some six years ago. Her studies were made more difficult, first by the birth of a son, then by family challenges. Dinpuii has already returned to Spicer to teach in the Department of Religion.

AIAS is an international graduate institution, recognized by the Philippine government, accredited by the Philippine Association of Colleges and Universities and the Adventist Accrediting Association. AIAS is operated by the General Conference of Seventh-day Adventists with the special mission of preparing workers for the Adventist Church in Asia and beyond. Its fields of study are education, business, religion, and health. Classes are offered in residence, on extension campuses, and online. Doctoral degrees are offered in education, business, and religion. **AW**

AAW Readers Reach out to Widows by HELEN WARD THOMPSON ZOLBER (WOYA 1996)

Resulting from the story of widow survivors of violence in the Fall 2009 issue of *The Adventist Woman*, readers spontaneously donated \$945 to help underwrite Zandile Nhlengatwa's program of widow support in KwaZulu-Natal, South Africa.

When their husbands die of HIV/AIDS-related disease, widows are often accused of killing

them through witchcraft and are ostracized, abused, and deprived accordingly, even to taking away their children. In some cases the husband's family takes all of the household goods, leaving the widow with no home and no way to earn a livelihood.

In some areas, according to custom, a widow must marry the brother of her deceased husband.

If she refuses, she cannot marry anyone and she loses all rights of inheritance.

Her plight is exacerbated often because of illiteracy and lack of education or training.

Zandile Nhlengatwa says (e-mail Feb. 24, 2009) that the funds from AAW members will help train facilitators for the program as well as help the widows themselves. **AW**

BUTLER'S 7-DAY SEE KENYA SAFARI



October 16-22
2009

(immediately following
Mission/Safari at Mara West
Camp, Masai Mara)

This safari will take you to exotic places— sights never to be forgotten—

- experience superb game viewing at Masai Mara Game Reserve
- visit Kendu mission hospital beside Lake Victoria in the heart of Africa
- stay at Baraton University and see the famous Kenyan tea plantations
- see Lake Nakuru—the world's greatest concentration of flamingo
- feed giraffes at the unique and only Giraffe Manor
- visit Karen Blixen museum, Elephant Orphanage and shop for African art & crafts in Nairobi
- enjoy the hospitality and superb location of the East Africa Division headquarters



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AAW now has a facebook page.

In this era of instant communication, AAW desired to have an on-line community where Adventist women around the globe could share their experiences and dreams for the church and for Adventist women.

It is easy to access. Go to www.facebook.com, login, and then use the box in the upper right corner to search for the Association of Adventist Women page.

Become involved and learn what friends all around the world are doing and how we can help each other achieve the goals of AAW.

Comments from Readers

Send your comments concerning *The Adventist Woman* to PO Box 25025, Seattle, WA 98165-1925. Or e-mail our editor, Carolyn Lacy, at carolynlacy137@verizon.net.



An Open Letter to AAW

My dear sisters of AAW,

In the latest issue of The Adventist Woman, I noticed Recommendation 4 to come out of the 2008 conference. The recommendation reads: "To The General Conference: A request that the Church officially apologize to Merikay (Silver) McLeod and Lorna Clevenger Tobler."

The recommendation is heart-warming because it is motivated by the honorable trait of compassion. And I, therefore, personally thank AAW for this loving recommendation.

May I suggest, however, that the apology should be addressed to all the women of the church.

And, obviously, an apology without a change of behavior is meaningless.

I thank God for the church-related institutions where women and men are seen and treated as equals. Elsewhere in the denomination, I would continue to recommend equal pay for equal work, equal opportunity for advancement in all areas of employment and service, and a full welcoming of women into all levels of church ministry and governance.

It's important to emphasize that what happened to Lorna and me is an example of what the powerful do to keep the powerless subservient. The punishment was not personal even though we, as individuals, received it. It was doled out as a message to all women in the church ... the message: punishment is what you get when you seek equality.

One last point: misogyny is not unique to men. Women also discriminate against their sisters and actively or passively work to keep women in their "second class" position. The evil is in us all.

Again, thank you for your loving concern and I applaud your continuing efforts to support women within the denomination.

Keep insisting on the much-needed apology. If it comes—if there is genuine repentance and grace-filled forgiveness—it will be transforming.

*Your sister in Christ,
Merikay McLeod*

I'm ready to find a church that ordains women, meets on Sabbath and doesn't divide its North American churches by race. Tell me where I can go. I'm tired of hurting.

*Anonymous
South Bend, Indiana*

I read the Adventist Women's latest newsletter. I enjoyed reading Rev. Dr. Helen Tyler's comments very much! I wonder if our denomination will ever change and let women pastors be fully incorporated into ministry?

*Bernadette Chapman
New York City*

The Adventist Woman

I'm sure you noticed the increase in postal rates that went into effect a couple of months ago. This brings us to another change AAW wishes to enact. If we communicate by email rather than snail mail, this will save considerable funds that can be used to support the many activities and projects we care so much about. To do this we need your email addresses. Please provide them on the attached form so we can get information to you quickly. If you do not have email or easy access to the Web, please indicate that.

Donations

Speaking of costs, the Association, like so many others in today's world, is in particular need of your support at this time.

Even though no appeal for funds had been made, a number of you responded to the story in the last issue of *The Adventist Woman* describing the difficulties faced by widows in South Africa. Your gifts were especially heart warming and appreciated. As always, the gifts you indicate for a specific project are sent to that project. Sending them to AAW allows you to receive a charitable donation for them. Each issue of *The Adventist Woman* lists the various projects the Association supports. These projects are run by women for women and children.

Membership

But now **I am** making an appeal. The Association is in need of your support. There has not been an active membership drive for some time. We are asking that you become a dues-paying member of AAW so the Association will have the fiscal resources it needs to function. And besides yourself, why not invite some of your friends to join with you? Dues are used to maintain the Web site, publish and mail *The Adventist Woman*, provide the annual conference, and other activities. Of course, donations beyond dues are most welcome. They are distributed as designated by the giver.

2009 Conference

Hopefully by now you have seen the advertisements for our annual conference to be held in Asilomar, California, November 6-8. We were invited to join with the Adventist Forum in celebrating its 40th anniversary, and it has been a delight to work with them on this endeavor. AAW will hold an important meeting Friday afternoon to discuss our organization and how we can make it better in our changing world. We will review our mission and goals and discuss how this organization can be relevant today.

We need your input

I urge as many as possibly can to plan to come to the conference. A registration form is included in this

issue, or you can register via the AAW Web site at <http://www.aaw.cc/GetInvolved/Attendconference/OnlineRegistrationForm>.

Significance of Geneva Conference

Finally, back to the Geneva conference. More than 400 of the conference attendees were hosted at the World Health Organization headquarters in their executive board room for inspirational presentations as well as dinner in their headquarters. Although WHO has partnered with a number of faith-based organizations, this was the first time they had hosted such a group. It was an impressive place and an impressive meeting.

In 2001 the WHO established eight goals to be reached by 2015. Of particular interest to AAW is the third goal: to promote gender equality and empower women. Other goals also have major implications for women, though not always mentioned in the title:

- eradicate extreme poverty and hunger
- provide universal access to education
- improve maternal health
- combat HIV/AIDS
- develop a global partnership for development

One clear message from WHO and PAHO representatives—as well as Jan Paulsen, president of the General Conference—was the need for partnerships. Our world is so full of complex problems that no one agency has the solution. What does this have to do with AAW?

I believe AAW will reach more of its goals more effectively and efficiently as it seeks partners to accomplish them. Please think of ways you and AAW can partner and collaborate with others to accomplish our mutual goals. Facebook provides a way for us to communicate with each other. Let's use it.

I urge each of you to think about how you adapt to the changes that inevitably come to your personal life and to the life of an organization with which you are involved.

I urge you to send in your dues and a donation, if possible. And I urge you to plan to attend the annual conference in November.

Finally, the last issue of *The Adventist Woman* contained a brief survey. Because we didn't hear from you, we have made it even more brief and included it again in this issue. Please read it, think about it, and respond to the questions. You can mail your response with your dues in the envelope provided. Or, if you prefer, you can email me directly at pjohnston@frontiernet.net.

If AAW is to be a viable entity in its second 25 years, we need to hear from YOU. **AW**

I hope to see you at Asilomar.

Pat Johnston

pjohnston@frontiernet.net



Audray Moorhouse Johnson

Woman-of-the

For Audray Moorhouse, born in 1936 in Norton, Massachusetts, to an Adventist couple, there was no such thing as an innocent childhood. The child of date rape, daughter of a pedophilic father, she saw the contrast between her father's respectable public demeanor—he was a machine shop owner and a deacon in the church—and his private, violent behavior. Trained to work, she helped in the machine shop until she learned to cook so she could please and appease her father with good food. From her earliest years, she felt an enormous weight of responsibility for the welfare of her pretty, precocious, younger sister.

Inspired by the wise saying of her grandmother, "When there is a will, there is a way," Audray exhibited determination and persistence as a child. Studying to show herself approved, she rode the train nearly 50 miles each way to attend Greater Boston Academy (GBA) and managed to fit piano practice into her long days. Richard Hammond, her GBA principal, was the first of several male mentors to give her personal encouragement. He even supplemented her school bill when her father failed to pay it.

Audray studied nursing at Atlantic Union College and the New England Sanitarium, graduating in September 1956. After returning to Attleboro, MA, near her parents' home, to work in a physician's office, she played organ and piano for a camp-meeting evangelistic series, where she accompanied Ed Johnson, a young, former minister who was the featured singer. A divorcee, Ed was attentive to Audray.

1956 was the year that Audray's mother finally mustered the courage to leave her father, taking Audray's sister with her to California without telling Audray where they had gone. When Audray's father came armed to Audray's doctor's office, demanding to know where his wife and other daughter were, Audray managed to slip away and call for police help. Feeling unsafe, she and Ed Johnson left Massachusetts, stopped in Maryland, where they were married, before driving to California.

In 1959, after the birth of their first son, Ed was re-hired to pastoral ministry, first of the Needles Church, then Yucca Valley and Twenty-nine Palms congregations, and later of the Imperial Beach SDA Church. His final call was to a Wyoming congregation (Rocky Mountain Conference). In each of

these places, Audray supported Ed's ministry with her musical skills, and Ed victimized women. Finally in Wyoming, their marriage ended. Ed shipped Audray off to her mother in California and then disappeared for seven years, leaving Audray to support herself and their two sons alone.

Because of a persistent medical condition, Audray could no longer stand the rigors of hospital nursing. Instead she joined the Southeastern California Conference (SECC) staff, assisting in the Religious Liberty Department. When the departmental director retired, Audray was made Interim Director, then Coordinator. When she wrote a particularly persuasive letter on a Religious Liberty issue that was shown to Tom Mostert, then president of the SECC, he observed that "Anyone who can write like that should be a Director," making her the first woman director of a Religious Liberty department in Adventism.

The SECC soon added the Health Department to Audray's portfolio—the first medically trained person to hold these responsibilities, while Audray sought personal healing through two years of life-changing counseling. She also sought God through new eyes thanks to the ministry of Morris Venden. Ever diligent, Audray added various types of professional training to her skill set, earning Counseling credentials at the University of California, Riverside, which qualified her to work in a counseling center with Darold Bigger, her counseling mentor.

When Tom Mostert asked SECC pastors in 1983 what additional support they needed from the SECC office, they responded that they needed support in the area of Family Ministries, an area for which Audray had a particularly long-standing passion. Audray was named the first Director of Family Ministries, and she diligently set about collecting and writing materials on the theology of family. Following her vow to "move toward, not away, from problems," she designed seminars to train pastors on the complicated problems of intimate relationships, bringing noted authors and thought leaders to speak to SECC pastors on such issues as rape and domestic violence; substance, child, and senior abuse; divorce and its impact on both children and adults; and homosexuality, among many other topics. Never willing to sweep such

matters under the rug, and recognizing how pervasive they are in church and society, she willingly speaks out on behalf of victims and trains pastors to comply with California law, by faithfully reporting perpetrators of abuse—training she describes as "regular and often."

Recognizing the stress that pastors experience as they confront such confounding issues, she became their advocate as well, establishing an Anonymous Counseling Program fund for the counseling of pastors on an as-needed, on-going basis. Audray takes untold satisfaction from the large number of pastors "who have come to me to say that they are still in ministry because of this ministry to them." This support for ministers includes their wives and children as well.

Recently, Audray has managed to extend free counseling services to church members who are victims of violence in the SECC. According to Audray, the first response from member-victims, who receive certificates for counseling, is invariably tears. The second response is a statement such as, "I didn't know my church cares so much about me." SECC remains the only conference in the SDA denomination that provides these services. What a blessing it would be if this program could be set up in other conferences as well!

The resource manuals, books, and video libraries that Audray assembles are lasting contributions to the well-being and effectiveness of churches and pastors. Her family ministry manual is entitled, *Family Ministries Handbook: The Complete How-to Guide for Local Church Leaders* (Advent Source). She suggests seminars on many areas of parenting, marriage, divorce, and grief recovery—topics on which she has written. Audray's liturgies on mothers, fathers, family, children, youth, and baptism celebrate many of life's passages. Other central events that families experience—marriage, birth of a baby, going off to school, graduations, becoming grandparents—are developed. One of her personal favorites is a liturgy she wrote for the milestone of young people receiving their first driver's license; they are brought to the front of the church where a prayer is offered for them, they renew their temperance pledge, and a prayer is said for their auto insurance provider.

Although she was already managing

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Year-End Awards

Mary Whipple

On August 17, 2008, Mary Whipple and eight teammates claimed gold in the Beijing Olympics in the Women's Eight rowing event with a time of 6:05.34. It was the first time that the U.S. Women's Eight had taken gold in a 2,000-meter Olympic rowing event, until 1985 considered too strenuous for women. Only once before, in 1984, had American women won this event (then a 1,000 meter race). Harvard grad Caryn Davies, who stroked the winning 2008 US boat commented, "We used the 1984 US women as our inspiration. We dedicated this race to them."

Mary, the coxswain whose job it is to steer the boat straight and give instructions to the crew, describes the Beijing race as an "awesome, electrifying experience--a perfect race." What made it perfect? Mary and her teammates executed their race plan perfectly. Nothing was spontaneous. Every motion, every stroke, every rhythm had been rehearsed. That day they rowed as they had trained to row for four disciplined years.

Mary Whipple and her identical twin sister, Sarah, were born on May 10, 1980, into a happy, healthy, Adventist family. They grew up in Orangevale, California, where they enjoyed good life experiences, according to Mary's father, Alfred Whipple. With two older brothers, Mary and Sarah loved the family's great camping and hiking adventures. Mary and Sarah, who enjoy an extremely close relationship, are both athletic and competitive. They gained confidence at an early age when they were the first ones picked by friends choosing up sides to play pick-up games.

Their mother, Meg, suggested that they sign up for rowing lessons at the California State University, Sacramento (CSUS) Aquatic Center at Lake Natoma the summer before starting high school. Because of their slight build—they each weighed approximately 85 pounds during eighth grade—they were soon recruited as coxswains by Capital Crew, a junior rowing club, and gained a solid foundation in competing and sportsmanship during their high school years. They learned to be team-builders.

After graduating from Sacramento

Adventist Academy in 1998, Mary coxed the US Women's Junior National Team, which finished fifth at the World Junior Championships. Both twins were recruited by universities for rowing, Mary by the University of Washington, and Sarah by the University of California, Davis.

Mary remembers, "My college years taught me to win."

When asked what it takes to win, Mary responds, "Putting in hard work, and being really prepared. Then if you execute as in practice, you can win." Her college coach, Jan Harville, "had things very systematized," according to Mary. She broke down the whole race into small parts and rehearsed them methodically until perfected. For example, as Mary recalls on her blog, "Today the focus was on clean releases. Finish, pause; hands away, pause. Trying to leave the blades in as long as possible."

During college, Mary and her teammates won two NCAA championships, and between 2001 and 2008, Mary collected more than a dozen medals in world competition (nine firsts), including the Henley Remenham Cup in 2006 and the Henley Prize at the 2000 Henley Royal Regatta. Every year from 2001-2008, she has been a US National team member. At the Athens Olympics in 2004, she and her teammates broke the world's best time in the heat and went on to win the silver medal. When putting together the Olympic team, National coach, Tom Terhaar, asked the team members of the National Women's Eight, "Whom are you going to trust as coxswain?" They chose Mary. Her teammates knew they could count on her composure and experience.

Mary engages with her teammates in a collaborative manner, listening and encouraging, seeking always to bring the best from her teammates. By her consistency, loyalty, thoughtfulness, and generosity, she earns their trust. Mary has learned to master her emotions, knowing that her emotional consistency is important to her team. "One of the things I learned is not to let the highs get too high or the lows get too low," she says.

It is Mary's belief that the more she engages with her teammates in

all of the demands made on them, the more they will respond when she calls for their utmost effort. To demonstrate her total commitment, she participates in all parts of her Olympic teammates' land-based training. Even though being the coxswain does not place physical demands on Mary's body, she joins in with land training workouts, which often acts as a third practice to her teams twice-daily water workouts, stretching her limits as her teammates do theirs, building strength gradually with many repetitions.

Mary takes great satisfaction in telling her team WHAT they need to hear WHEN they need to hear it, providing an accurate source of information as the race progresses, choosing her words for maximum impact, all the while exuding confidence. Above all, she is very, very determined, even "relentless," tenaciously adhering to the race plan, refusing to allow anyone to acquiesce to the thought of coming in second.

When asked about remaining cool under pressure, Mary explained, "The race plan is very important to nail on race day, and it is my job to deliver the race plan and to enable the rowers to execute it. I know if we nail our execution on race day, then winning will take care of itself."

All of Mary's accomplishments require uncommon character, commitment, and desire. Mary maintains that her Adventist upbringing "helps me not to succumb to the pressure to win at any cost." Instead she wants to win "the right way." She adds that "Loyalty among the crew is more important than winning a particular competition."

When asked what lessons her experience in rowing might offer other Adventist young women, Mary urges young women "to set a goal and to take the risk of aiming high. Then be confident in your capacity to achieve your goal. Be prepared to work twice as hard as anyone else, and don't be afraid to succeed. Be willing to stick out. You definitely have to be on your toes. Don't bend or settle for second best. People bend because they don't want to offend others or show disrespect by taking the prize. Believe in your work. Stay focused and execute.

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Pacific Union College Announces New President

Julie Z Lee
Posted: July 20, 2009



On July 17, 2009, the Pacific Union College Board of Trustees announced that Dr. Heather J. Knight, currently the provost of Andrews

University in Berrien Springs, Michigan, has been named the new president of Pacific Union College. She will begin her role as president in mid-September, in time for the new academic year.

Dr. Knight received her Ph.D. in English from Stanford University, her master's degree in English from Loma Linda University, and her bachelor's degree in English from Oakwood University. She also completed postdoctoral studies at Harvard University in management and leadership in education.

An accomplished academic administrator, Dr. Knight served with distinction for 18 years at the University of the Pacific in Stockton, California, where she was a professor of English, assistant provost, and then associate provost. As provost at

Andrews University, Dr. Knight served as second officer, providing administrative and academic leadership and managing the day-to-day operations of the university.

During her three years at Andrews University, Dr. Knight successfully developed and implemented a new strategic plan, integrated budget and planning priorities, increased enrollment and student selectivity, and strengthened leadership in all areas of campus life. She oversaw the development of new programs, processes, and campus facilities and led the university through a successful reaccreditation process.

"It is a tremendous privilege and blessing to be invited to serve as the next president of Pacific Union College," said Dr. Knight. "Pacific Union College has a very distinguished history, and I am honored to have this opportunity to carry on the proud PUC tradition of ensuring academic excellence and spiritual authenticity. I look forward to working collaboratively with the PUC Board of Trustees, faculty, staff, students and alumni to help move PUC to the next level of excellence for this

distinctive institution."

"Dr. Knight comes to Pacific Union College with over 20 years of experience in higher education and a deep respect from the higher education community. From her work at the University of the Pacific to Andrews University, Dr. Knight has a proven track record of leading institutions to success, and we are thrilled to have her at PUC," said Dr. Ricardo Graham, PUC board chair and president of the Pacific Union Conference of Seventh-day Adventists.

Dr. Knight is also a lover of the arts, the mother of college-educated children, and wife of Dr. Norman Knight, senior pastor of the Berean Seventh-day Adventist Church in South Bend, Indiana, as well as adjunct professor of homiletics at the Seventh-day Adventist Theological Seminary. The Knights both have a passion for ministry and higher education, and look forward to getting to know the Angwin and Napa Valley communities. **AW**

<http://www.puc.edu/news/archives/2009/pacific-union-college-announces-new-president>

Please fill out the Registration form and the Survey on the following pages and return them in the self-addressed envelope included in this issue.



Audray continued from page 8



three departments—Religious Liberty, Health, and Family Ministries—the SECC added Women's Ministries to her portfolio, for which she again promptly created thoughtful educational and support materials. She collected names of prominent female leaders of early Adventism in a book she calls *Womanyear* (unpublished). "For example, Kate Lindsay, first Adventist woman physician, is mentioned. In this context, Audray suggests that congregations celebrate their women physicians."

Audray ministers generously to her local conference and to its pastors, and preaches regularly in SECC churches. Her calling to ministry was ratified by her long-time conference president, Dr. Lynn Mallery, and other colleagues on June 15, 2007 [see TAW, Summer, 2007, Vol 24, #2] when she was ordained/commissioned 27 years after she first became Director of the Religious Liberty Department of the SECC.

Ever an innovator, Audray serves on the Divorce and Remarriage Commission of the General Conference as well as the Human Sexuality and Family Ministries committees for the North American Division. In July 2009, she was a presenter at the Global Conference on Health and Lifestyle in Geneva, which brought together representatives from the World Health Organization, the Pan American Health Organization, and more than 600 leaders of the Adventist Church.

Audray turns personal adversity into a powerful pursuit of justice, winning every time violence is thwarted or a victim is rehabilitated. Surely the victor's laurel will be hers. **AW**

Whipple continued from page 9



If you want something, go for it, and get it. Never give up until you reach your goal."

Mary's personal goal now is to repeat her Beijing gold medal performance in the 2012 London Olympics and eventually to coach the University of Washington Women's Varsity Crew. She hopes to show varsity athletes how to accomplish life-goals through sport. Until then she has started a Website—www.9thseat.com—for less experienced coxswains, answering questions and giving tactical advice.

She would like her Adventist colleagues to remember that "being an Adventist does NOT PREVENT you from accomplishing great things. Rather, being an Adventist ENABLES you by giving you the character and values to do great things."

When asked how she would like to be remembered, Mary responds, "I would like to be remembered as dependable, loyal, and willing to be there for my teammates, my family and loved ones."

We salute you, Mary, for taking risks courageously, for exercising the required mental and physical discipline to succeed, and for keeping your cool under pressure. By believing in each other and working together, you and your teammates succeeded in winning the race for the Olympic gold. We admire you for nailing the Beijing race and for inspiring us with your example! **AW**



The Dance of the Generations: This Adventist Life

2009 AAW / AF JOINT CONFERENCE

November 6-8, 2009

Pacific Grove, California

(on the Central California coast near Monterey)

Closest major airports: San Jose, San Francisco, Oakland

Registration Deadline: August 26, 2009

for ALL Attendees, including those staying offsite

Conference rates are an all-inclusive package: Lodging for 2 nights, 6 meals, and conference registration fee. There is no price reduction for fewer than six (6) meals or meals eaten off-campus.

Check in/Check out:	3:00 p.m. check in / 12 Noon check out	
Conference begins:	Friday, November 6, 6:00 p.m. (AAW Welcome Event at 3:30)	
Conference ends:	Sunday, November 8, 1:00 p.m.	
Meals:	Friday Supper and Saturday Banquet	6:00 pm.
	Saturday and Sunday Lunch	12:00 noon
	Saturday and Sunday Breakfast	7:30 a.m.

RATES ARE US DOLLARS

Lodging ON Asilomar Campus

Lodging, Six (6) Meals, and Conference Registration

Single Occupancy	\$550 per person
Double Occupancy	\$396 per person
Triple/Quad Occupancy	\$334 per person

Lodging OFF Asilomar Campus

Six (6) Meals and Conference Registration only \$255 per person

Sabbath Only

Lunch, Banquet, and Conference Registration	\$165 per person
Sabbath morning services, no lunch (facility fee)	\$10 per person

Student Rate (with student ID)

Lodging, Six (6) Meals (triple/quad occupancy)	\$250 per person
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Register online at aaw.cc/GetInvolved/AAWConference.html

Questions? 360-668-2494

8:00 a.m. to 10:00 p.m. PACIFIC TIME ZONE

2009 AAW / AF JOINT CONFERENCE REGISTRATION
REGISTRATION DEADLINE: August 26, 2009
FOR ON-SITE AND OFF-SITE ATTENDEES

Please check one: Adventist Forum Association of Adventist Women

1. LODGING AT ASILOMAR

(includes 2 nights' lodging, all meals, conference registration)

Number of room occupants

1 each \$ 550 Total \$ 550
 2 each 396 Total 792
 3 each 334 Total 1,002
 4 each 334 Total 1,336

Names of room occupants (PLEASE PRINT)

1 _____ 2 _____
3 _____ 4 _____

2. STUDENT (includes lodging and all meals)

Lodging \$ 250 Total _____

Name (PLEASE PRINT) _____

Names of those with whom you are sharing a room

3. LODGING OFF CAMPUS

(includes all meals
and conference registration only)

Number of attendees _____ @ \$255
Total _____

Names of room occupants (PLEASE PRINT)

1 _____ 2 _____
3 _____ 4 _____

4. SABBATH ONLY

(includes 2 meals and conference fees)

Number of attendees _____ @ \$165
Total _____

Names of room occupants (PLEASE PRINT)

1 _____ 2 _____
3 _____ 4 _____

5. Food Allergies or Special Dietary Needs _____

6. Name of person requesting special diet _____

7. PAYMENT _____ BILL MY CREDIT CARD _____ CHECK ENCLOSED

Visa MasterCard

Credit Card No _____ Expiration Date _____ Security Code _____

Name _____

Name (as listed on credit card) _____ Signature _____

Billing Address _____

Home Address (if different from billing address) _____

Telephone _____ E-mail _____

NOTES ABOUT ASILOMAR

- There are no telephones or television sets in the rooms.
- Quiet time is from 10:00 p.m. through 7:00 a.m.
- The weather at Asilomar can vary from rain to warm sunshine or cool, misty fog. We suggest that you pack layered clothing. You might want to bring a flashlight for some serene evening walks around the grounds.
- Heated outdoor swimming pool, sand volleyball court, pool tables, and a ping-pong table.
- Outside of Asilomar, local attractions abound, including the Monterey Bay Aquarium, Cannery Row, shopping, golfing, kayaking, biking, parks, and museums.

Mail to AAW, PO Box 25025, Seattle, WA 98165-1925 or register online at www.aaw.cc/GetInvolved/AAWConference.html

Survey

- Communication
- Membership

What is the best thing AAW does?

What is least important thing AAW does?

What should it keep doing?

What should it do that it isn't being done?

Please check your age group. We need to know what different generations are thinking.

- | | | | |
|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| <input type="checkbox"/> 20-25 | <input type="checkbox"/> 36-40 | <input type="checkbox"/> 51-55 | <input type="checkbox"/> 66-70 |
| <input type="checkbox"/> 26-30 | <input type="checkbox"/> 41-45 | <input type="checkbox"/> 56-60 | <input type="checkbox"/> 71-75 |
| <input type="checkbox"/> 31-35 | <input type="checkbox"/> 46-50 | <input type="checkbox"/> 61-65 | <input type="checkbox"/> 75+ |

Dues and Donations

Annual dues \$35 New member \$25

Name _____

Mailing Address _____

City _____ State _____ ZIP _____

Telephone _____

Communication (please circle the correct response)

I have access to the Web yes no I have email yes no

My email is _____

please print

Please return in the self-addressed envelope included in this issue.

AAW Projects

AAW invites donations to AAW and its projects. Your generous gifts keep the dream of a more equitable future alive for Adventist women around the globe. Complete the form below to donate to the AAW and/or to specific projects. All donations are 100 percent tax-deductible.

ASSOCIATION OF ADVENTIST WOMEN: SUSTAIN THE VISION

Provides the basic budget and sustains the on-going work of AAW

ADVENTIST AIDS INTERNATIONAL MINISTRY (AAIM) / EUGENIA GIORDANO

Provides women with AIDS medications and skills to help them gain self-sufficiency

BENEVOLENCE FUND

Assistance in providing physical relief for seriously injured women

CUBA ADVENTIST SEMINARY / ESTHER DIAZ DE GUERRERO

Scholarships for women students studying to be ministers and Bible workers

EDEN VALLEY ACADEMY SCHOLARSHIPS / HELEN HALL

Scholarships for Christian education of Karen refugee youth in Thailand

HARAMBE WOMEN'S FORUM FOR SURVIVORS OF VIOLENCE / ZANDILE NHLENGETWA

Assists women victims of violence in South Africa

KAJIADO ADVENTIST EDUCATIONAL AND REHABILITATION CENTER SCHOLARSHIPS

Scholarships for support of Kenyan girls fleeing circumcision and premature marriage

KENYAN GIRLS' SECONDARY SCHOOL SCHOLARSHIPS

Secondary school scholarships for orphaned SDA girls

LSU WOMEN'S RESOURCE CENTER

A resource for clergy women

MBUKWANE SDA SCHOOL SCHOLARSHIPS/ PHETSILE DLAMINI

Scholarships to keep Swaziland children in school

REACH / JASMINE JACOB

Operating orphanages around the world and providing educational scholarships to orphans

TIME FOR EQUALITY IN ADVENTIST MINISTRY (TEAM)

Scholarships to women preparing for the ministry

ZIMBABWE ORPHANS PROJECT / PAULA LEEN

Support of feeding mission and orphanage

AAW is a 501(c)(3) organization.

Name _____

Address _____

City _____ State _____ Postal Code _____

Country _____ Telephone _____

Email _____

I want my gift allocated to _____

Mail to

Association of Adventist Women
P O Box 25025
Seattle, WA 98165-1925

DONORS to AAW



The AAW is immensely grateful to the following donors, whose generous gifts make the ongoing activities of the AAW possible. The contributors are designated here by the ancient order of angels:

**Seraphim (Angels of love, light, and fire):
\$500-\$999**

Beulah Stevens
Betty Thacker
Beth Ann Wear

**Cherubim (Reminders of joy, happiness):
\$200-\$499**

Lois Blackwelder
College Place Chapter, AAW
Lorelei Saxby
Phyllis and Wayne Slattery
Rosemary and Ray Watts

**Thrones (Bringers of justice):
\$100-\$199**

Jean and Thor Bakland
Astri Coupland
Sally Hasselbrack
Effie Jean Ketting
Mary Kyser
Rae Lindsay
Dana Waters

**Archangels (Carriers of God's will to humanity):
\$50-\$99**

Margaret Harris
Penny Shell
Ronaele Whittington

**Angels (Guardians of humans):
\$0-\$49**

Bonnie Meske
Bette Miller
Kit Watts
Helen Thompson Zolber

Renew Your AAW Membership

Renewing your membership helps keep AAW alive. The preferred method is to go to the Web site at www.aaw.cc, and register for another year. Because you will be entering your information personally, this will result in more accurate data.

If you do not have access to the Internet*, send your name, address, and phone number along with the membership dues (\$35/yr; new members \$25) to the following address:

AAW
PO Box 25025
Seattle, WA 98165-1925

**Correspondence by e-mail
saves the AAW money.*

ASSOCIATION OF ADVENTIST WOMEN
PO Box 25025
Seattle, WA 98165-1925

Address Service Requested

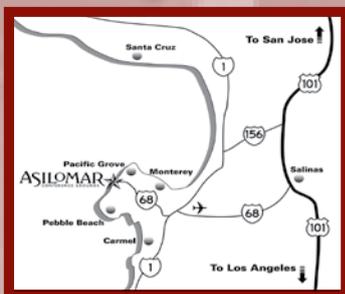
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The Adventist Woman



Community through connection
SPECTRUM

*The Dance of the Generations:
This Adventist Life*
**November
6-8, 2009**



Location: Asilomar Conference Grounds
Located just 71 miles south of San Jose and 120 miles south of San Francisco. Conveniently served by the Monterey Peninsula, San Jose, San Francisco and Oakland airports.

Conference Schedule

Friday, November 6

- 3:30 AAW Business Meeting
- 6:00 - 7:00 Dinner
- 7:30 - 9:30 This Adventist Life: A multi-media production

Sabbath, November 7

- 7:30 - 8:30 Breakfast
- 9:00 - 10:00 Dance of the Generations I: Trial and Triumph
Worship Session - Charles Scriven
- 10:00 - 10:30 Break
- 10:30 - 12:00 Dance of the Generations II: Obedience and Disobedience
Mission Story - Charles Teel, Jr.
- 12:00 - 1:30 Sabbath Lunch - Meeting Old Friends and Making New Ones
- 1:30 - 3:00 Dance of the Generations III: Recording Our Stories
- 3:00 - 4:00 Break
- 4:00 - 5:30 Dance of the Generations IV: The Future
- 5:30 - 6:00 Break
- 6:00 - 8:00 AAW Woman-of-the-Year Banquet and Awards
- 8:30 - 10:00 Late Nite Fun - Fiddler of the Roof Sing-a-long

Sunday, November 8

- 7:30 - 8:30 Breakfast
- 9:00 - 11:30 Adventist Forum 40th Birthday Celebration
- 12:00 Lunch